

Korean nursing students visit GMH via UOG's Global Learning Program

Pacific Daily News

A total of 21 nursing students from Korea visited Guam Memorial Hospital as part of the University of Guam's English Adventure Program, highlighting the island's growing role in global learning, health care partnerships, and educational tourism, GMH said in a media release.

GMH welcomed seven nursing students from Dankook University and 14 from Baekseok University.

The visit provided students with an opportunity to learn about Guam's public hospital, observe the health care environment, and engage in cultural and educational exchange during their time on the island, GMH said.

"This visit reflects the kind of partnership that strengthens both health care and community connection," GMH interim Administrator and CEO Dr. Joleen M. Aguon said in a statement. "When students



Guam Memorial Hospital Authority welcomes visiting nursing students from Dankook University and Baekseok University in South Korea as part of the University of Guam's English Adventure Program.

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come to Guam to learn and experience our hospital, it reminds us that our work reaches beyond our walls. GMHA is proud to be part of opportunities that support learning, service, and the future of nursing."

UOG's English Adventure Program brings international students to Guam for immersive language learning and cultural en-

agement, while also connecting participants to community institutions that reflect the island's public service and professional sectors.

"This is a meaningful example of how Guam continues to grow as a place for global learning and exchange," said Carlos Taitano, director of Global Learning and Engagement

at UOG. "Through programs like English Adventure, students not only improve their language skills, but also gain insight into Guam's healthcare system and the important role GMHA plays in serving the island."

GMH thanked UOG and participating universities for fostering opportunities that promote learning,

partnership, and shared commitment to health care.

Diabetes self-care class series to start April 8 with UOG Land Grant

Pacific Daily News

People with diabetes and their caregivers are invited to a four-session workshop on diabetes self-care with the University of Guam Land Grant Extension Service.

The Nihi ta Fanmama'tinas, or Let's Cook, Navigating Diabetes Series will be held from 3 to 5 p.m. on Wednesdays and from 9 to 11 a.m. on Saturdays from April 8 to 18 on the UOG campus, UOG said in a media release.

Participants will learn about five key areas for diabetes self-care, including:

- Understanding diabetes medication and practicing coping skills
- Learning the importance of physical activity and foot care
- Taking care of the heart and preventing long-term



University of Guam Land Grant extension nutritionist Shelly Laguana explains the Diabetes Plate Method during a Navigating Diabetes Workshop on Feb. 8, 2026. Another iteration of the workshop series will be starting on April 8.

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problems

- Making good food choices
- Setting goals and making small changes

Additionally, a cooking portion of each class will

provide hands-on experience making meals that follow the Diabetes Plate Method of the American Diabetes Association.

The method uses a sectioned plate as a simple tool that ensures half of

the plate is non-starchy vegetables, one-quarter is proteins, and one-quarter is carbohydrates, with no sugary beverages.

Leading the classes will be Shelly Laguana, who holds a doctorate in nutrition, and registered dietitian nutritionist Lenora Matanane, along with UOG Land Grant extension associates Clarissa Barcinas and Elaine de Leon.

Advanced registration is required, as seating is limited.

The registration fee is \$30 and covers all four sessions.

To register, visit <https://url.uog.edu/nihi-april>.

For more information, contact Elaine De Leon at (671) 735-2020 or deleone7367@triton.uog.edu or Clarissa Barcinas at (671) 735-2040 or csnbarcinas@triton.uog.edu.

GUAM BOARD OF BARBERING AND COSMETOLOGY REGULAR BOARD MEETING

Physical/Mailing Address: 194 Hernan Cortez Ave, Terlaje Professional Bldg. Suite 209 Hagatna, Guam 96910

Monday, April 6, 2026
at 9:00 A.M. (Guam ChST)

Join Zoom Meeting
<https://us06web.zoom.us/j/84787240202?pwd=YlFj3jYQBT98!bOQrsLnz27NnfsbuL1>

Meeting ID: 847 8724 0202
Passcode: 700103

AGENDA

- I. CALL TO ORDER
 - a. Roll Call
 - b. Proof of Publications
- II. APPROVAL OF AGENDA
- III. APPROVAL OF MINUTES
- IV. HPL ADMINISTRATOR'S REPORT
- V. TREASURER'S REPORT
- VI. OLD BUSINESS
 - a. Rules and Regulations
 - b. Complaints:
 1. GBBC-CO-2024-0003
Date Received: 6/25/24
 2. GBBC-CO-2025-003
Date received: 4/11/25
 3. GBBC-CO-2026-01
Date received: 2/11/26
 - c. Applications for Apprentice
 - d. Applications for Examination
 - e. Stay Fresh Academy
 1. Reynaldo Tingson
 - f. Cease and Desist letter
 1. Tanisha Harris
 - g. Heritage Beauty College
 1. Blended/Online Theory Instruction
- VII. NEW BUSINESS
 - a. Applications for Apprentice
 - b. Applications for Examination
- VIII. NEXT BOARD MEETING
- IX. ADJOURNMENT

To view the names of the applicants being considered go to <https://guamhpl.org/gbbc>

LIVE Streaming link
https://govguam.tv/video_details/gbbc/gbbc-live-stream

This advertisement was paid for by DPSS/Health Professional Licensing Office-Local Funds.

For more information, please contact the Board office at 735-7404/08 thru 12. Persons needing a telecommunication device for the Hearing/Speech Impaired (TDD) may contact 475-8339.